



eforea™

SPA & HEALTH CLUB





EFOREA SPA & HEALTH CLUB

Your refreshingly unexpected wellness experience starts here.

Embark on a transformative journey of the senses that helps you restore complete balance and wellness of body and mind at the first eforea spa & health club in Croatia, on the coast of the Adriatic.

RENEWED, UPLIFTED AND REFRESHED

Awaken your senses and indulge in the ultimate world of wellness. Live moments of pure bliss and pampering through exclusive Essential Journeys by Elemis and Escape Journeys by Quarnero.


eforea™
SPA & HEALTH CLUB

A close-up photograph of pink flowers, likely peonies, with soft, layered petals in shades of pink and light yellow. The background is slightly blurred, creating a bokeh effect.

THE ESSENTIAL JOURNEY BY ELEMIS FACIAL TREATMENTS

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THE ESSENTIAL JOURNEY FACIAL TREATMENTS



ELEMIS is a skin wellness brand with an aromatherapist's soul, an artist's spirit, and a scientist's commitment to results. An innovative and global British skincare brand with over 30 years of expertise and available in over 45 countries,

Elemis is passionate about taking care of skin. Focusing to deliver proven results with feel-good skincare products combined with cutting-edge patented technology. The award-winning skincare portfolio includes face and body skincare products with revolutionary formulas, spa treatments, supplements and more.

Elemis knows skin because it has seen skin: every year working with millions of clients across the globe - in spas, in stores, and via virtual consultations. Extensive experience in facial services means having first-hand knowledge of clients' complexions and being experienced at tailoring skin concern solutions for every individual.

Natural powers of products: by sourcing natural extracts that catalyse each other and harnessing the power of nature's finest active ingredients, it can deliver results that you can see and feel, both inside and out.

THE ESSENTIAL JOURNEY FACIAL TREATMENTS

PRO-GLOW RENEWAL

For Gorgeous Glowing Skin

ELEMIS signature deep cleansing skin wellness facial, showcasing prebiotics and antioxidant-rich goodness to deliver a healthy-looking, lit from-within glow. In one treatment, skin looks visibly refreshed and rebalanced.

30 mins | HRK 590 | EUR 78,31

50 mins | HRK 890 | EUR 118,12

add-on Deep facial cleansing

75 mins | HRK 1090 | EUR 144,67

PRO - GLOW SMOOTH

The HIIT Workout For Your Skin

Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. Skin is prepped for an infusion of hydration that will double its moisture content, leaving it feeling plump and hydrated, whilst delivering an immediate and visibly tightened effect. After just one treatment, the complexion looks firmer, supremely smoother, and rejuvenated.

30 mins | HRK 590 | EUR 78,31

50 mins | HRK 890 | EUR 118,12

PRO - GLOW RESURFACE

Resurfacing For Stunningly Smooth Skin

Purify and brighten as skin's texture is transformed. With a spotlight on enlarged pores, blemishes, and blackheads, this unique facial powered by patented Tri-Enzyme technology minimizes the look of uneven tone, texture, fine lines, and pigmentation. Dull, uneven, tired-looking skin will appear instantly brighter, smoother, and renewed.

50 mins | HRK 890 | EUR 118,12

THE ESSENTIAL JOURNEY FACIAL TREATMENTS

PRO - GLOW BRILLIANCE

Your Recipe For Radiance

Turn up the brightness with our triple cleanse, melting away make-up, daily pollutants, and grime. Gentle resurfacing dissolves dead skin cells to reveal healthy and clearer looking skin.

A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Immediately revealing an outdoor-fresh glow, skin is left feeling fresh, radiant and healthy.

30 mins | HRK 590 | EUR 78,31

50 mins | HRK 890 | EUR 118,12

add-on Deep facial cleansing

75 mins | HRK 1090 | EUR 144,67

PRO-GLOW GENIUS

Your Line-Fighting Superhero Facial

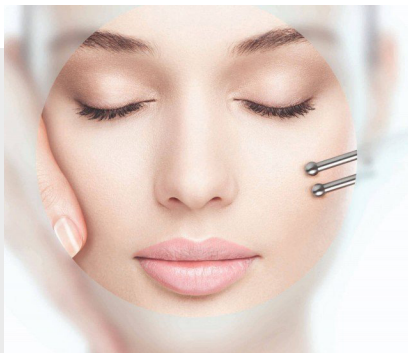
Clinically proven intelligent skincare and triple level approach to skin hydration results in transformative results for younger-looking skin.

Powered by ELEMIS ULTRA-SMART technology, with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation and skin hydration, skin will be visibly smoother and resilient.

An unsurpassed, line-fighting facial experience, skin will appear immediately firmer and more radiant after just one treatment.

75 mins | HRK 1240 | EUR 164,58

THE ESSENTIAL JOURNEY FACIAL TREATMENTS **powered by biotec**



BIOTEC

These next-generation facials combine 30 years of ELEMIS' expertise paired with proven aesthetic technology to help stimulate and energize tired, sluggish skin for accelerated results.

High-performance solutions that respects your skin. Transformative results derived from powerful active naturals and the world's most advanced delivery systems, all while preserving your skin's natural microbiome.

PRO - GLOW RENEWAL +

For A Healthy, Gorgeous Glow

ELEMIS' signature deep cleansing Skin Wellness facial delivers 27,000 vibrations per second to draw out impurities, improve texture and boost renewal, unveiling a healthy, lit-from-within glow.

30 mins | HRK 790 | EUR 104,85

50 mins | HRK 1090 | EUR 144,67

PRO - GLOW SMOOTH +

Ultrasonic peeling exfoliates dead skin cells to smooth and prepare the skin for line-fighting Microcurrent technology, targeting lines and wrinkles for more radiant, youthful looking skin.

Skin will appear more vibrant, with improved feeling of firmness and elasticity.

30 mins | HRK 790 | EUR 104,85

50 mins | HRK 1090 | EUR 144,67

THE ESSENTIAL JOURNEY FACIAL TREATMENTS powered by biotec

PRO-GLOW RESURFACE+

Reveal Stunningly Smooth Skin

Super-charged deep cleansing and powerful ultrasonic peel technology eliminate visible pollutants, dirt and impurities for an immediately clearer, brighter complexion. Gently resurfacing, helping to reduce visible dryness and smooth appearance of fine lines. Dull, uneven, tired-looking skin appears instantly renewed and stunningly smooth and clear.

30 mins | HRK 790 | EUR 104,85

50 mins | HRK 1090 | EUR 144,67

PRO - GLOW BRILLIANCE +

Your Recipe For Radiance

Experience our ultrasonic peel technology and brightening enzymes to deep clean and remove visible pollutants, make-up and city grime for happy, healthy skin. Hydrating technology and antioxidant-rich superfoods will plump and smooth with a super-charged air massage to breathe life into your skin. Immediately revealing a super-healthy complexion, you'll look and feel more radiant, relaxed and glowing.

30 mins | HRK 790 | EUR 104,85

50 mins | HRK 1090 | EUR 144,67

PRO - GLOW GENIUS +

The Ultimate Age-Defying Experience

Harnessing the powerful benefits of all ELEMIS BIOTEC 1.0 technologies, skin will be visibly smoother, more sculpted, And firmer with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation, and skin hydration. An unsurpassed, age-defying facial resulting in a more lifted, radiant youthful appearance after just one treatment.

75 mins | HRK 1490 | EUR 197,76

THE ESSENTIAL JOURNEY BY ELEMIS BODY TREATMENTS

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THE ESSENTIAL JOURNEY MASSAGES

DEEPER THAN DEEP HOT STONE MASSAGE

Basalt stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.

Excellent for tension and severe muscle spasm, helping to achieve deep relaxation with penetrating heat from the stone sand helps to balance energy levels.

Back of body, back, front of body back

60 mins | HRK 990 | EUR 131,40

*Back of body, back,
front of body back, face & scalp*

90 mins | HRK 1290 | EUR 171,21

FREESTYLE DEEP TISSUE MASSAGE

Tissue Massage was born from extensive travel & research into multiple cultural massage techniques. Easing out muscle tension, broadening & stretching with powerful muscle specific techniques, paired with award winning ELEMIS massage mediums, for the ultimate massage experience resulting in a realigned body & mind.

Area of body back

30 mins | HRK 590 | EUR 78,31

*Area of body back, back of legs,
front of legs, arms & neck & shoulders*

60 mins | HRK 890 | EUR 118,12

*Area of body back, back of legs, front of legs,
arms & neck & shoulders, face & scalp*

90 mins | HRK 1190 | EUR 157,94

THE ESSENTIAL JOURNEY MASSAGES

GARDEN ENGLAND ROSE

Take a walk in an English rose garden with this lavishly hydrating body massage. The unique blend of oils leave skin exquisitely moisturized, intensely supple and delicately scented.

Full body & scalp

60 mins | HRK 990 | EUR 131,40

Full body, scalp & face

90 mins | HRK 1190 | EUR 157,94



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THE ESSENTIAL JOURNEY SCRUBS & BODY TREATMENTS

INTENSELY CLEANSING SALT SCRUB

An exotic exfoliation ritual to invigorate and bring vitality to the body. Warm oil is dripped sparingly over the body, the chosen Salt Glow cleanses and polishes the skin. A final application of body cream is applied, leaving the skin glowing, vibrant, replenished and flawless-looking.

Lime & Ginger or Frangipani

30 mins | HRK 590 | EUR 78,31

THOUSAND FLOWER DETOX WRAP

This nutrient-rich detox wrap uses the power of thousands of flowers and anti-oxidant rich green tea to promote skin health and encourage detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

60 mins | HRK 890 | EUR 118,12

BODY NECTAR NOURISHING WRAP

From the exotic shores of Tahiti, Coconut and Frangipani flowers are soaked together to produce Monoi, which literally means "scented oil".

With the most exotic aroma and texture imaginable, Polynesian women traditionally use this to protect their beautiful bodies and condition their lustrous hair.

Monoi will soothe, condition and soften your skin.

Drench yourself in its moisture and bathe in this comforting wrap, treating you from the crown to the tips of the toes.

60 mins | HRK 890 | EUR 118,12

THE ESSENTIAL JOURNEY SIGNATURE TREATMENTS

LAVA SHELLS THE ROYAL MASSAGE

The pleasant and truly relaxing Lava Shells body massage offers an idyllic treatment by combining the warmth of the shells with deeply relaxing massage techniques to create a sense of balance throughout the body and mind.

After the treatment, relaxation continues in our relaxation rooms with an incredible view of the sea with Lassi experience.

60 mins | HRK 1090 | EUR 144,67

LAVA SHELLS ROYAL RITUAL

Massage & peeling. Peeling removes dead skin cells and makes the fresh and young skin underneath visible. It improves your skin's ability to absorb the beautiful Frangipani & Cocosa oil from the Elemis line with a relaxing Lava Shells body massage.

90 mins | HRK 1390 | EUR 184,48

BESPOKE ROYAL TREATMENT

You are invited on a bespoke journey starting with a fantastic exfoliation to remove dead skin cells, clean the pores and improve the circulation of your skin.

The journey continues with a seashells massage followed by the Water Bed experience. Laying in it provides a feeling of weightlessness and lightness, and the even distribution of body weight reduces body pressure, establishes more regular blood circulation and reduces pain.

Due to its extremely relaxing effect, the water bed takes you back to the safe zone of your mother's womb, and will give you a feeling of incredible peace. In the end, a sweet surprise awaits.

120 mins | HRK 1690 | EUR 224,30



THE ESSENTIAL JOURNEY SIGNATURE TREATMENTS


RASUL TREATMENTS FOR TWO

"Escape together to a private rasul chamber. This treatment consists of 3 steps, starting with an exfoliation process, followed by the application of a body mask and the sauna experience.

Lastly, the rasul journey is completed with a 60-minute full body massage. A sweet surprise awaits at the end.

120 mins | HRK 2250 | EUR 298.63



A vertical photograph of a lavender field. The foreground shows sharp, vibrant purple lavender spikes, while the background is a soft, out-of-focus expanse of similar flowers, creating a sense of depth and tranquility. The overall color palette is dominated by various shades of purple and lavender.

THE ESCAPE JOURNEY BY QUARNERO

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THE ESCAPE JOURNEY BY QUARNERO



Inspired by Croatian herbalist tradition, Quarnero was founded in Opatija in 2010 on the principle of Mother Nature being our healer, together with the idea of using only the most potent Mediterranean herbs in their purest form.

Quarnero products are handmade in small batches during the New Moon phase when the natural energies of regeneration and rebirth are at their strongest. Oils and salts are made with the 'music of the plants' as the backdrop.

As a result, Quarnero oils and salts are as close to Nature as possible, where the body can instantly recognise and respond to the biodynamic plant actives, which accelerate its own power of regeneration.

THE ESCAPE JOURNEY MASSAGES

CLASSIC MASSAGE

Classic full body tension relieving massage.

50 mins | HRK 790 | EUR 104,85

set of 3 classic massages:

HRK 2015 | EUR 267,43

COMBINED MASSAGE

Combined back and foot massage.

50 mins | HRK 790 | EUR 104,85

FOOT MASSAGE

20 mins | HRK 390 | EUR 51,76

LEGS AND FEET MASSAGE

A massage for tired legs combined
with a foot massage.

50 mins | HRK 790 | EUR 104,85

INDIVIDUAL MASSAGE

After consultation with one of our expert
physiotherapists, special attention is given to
problem areas.

40 mins | HRK 790 | EUR 104,85

set of 3 individual massages:

HRK 2015 | EUR 267,43

INDIVIDUAL MASSAGE & STRETCHING

The treatment includes a massage and
stretching exercises with our expert
physiotherapists.

50 mins | HRK 850 | EUR 112,81

set of 3 individual massages:

HRK 2167 | EUR 287,61

THE ESCAPE JOURNEY MADEROTHERAPY

MADEROTHERAPY SINERGY

MADEROTHERAPY MESSAGES

Natural and very effective technique that stimulates the lymphatic drainage and consequently eliminates cellulite and destroys fat cells. It improves the flow of blood and lymph throughout the body. As a result, your skin will become firm, smooth and beach ready.

40 mins | HRK 690 | EUR 91,58

MADEROTHERAPY RITUAL

This drainage revitalizing body treatment begins with peeling of the whole body, continuing with wooden rollers and is completed with detox tea.

75 mins | HRK 990 | EUR 131,40

MADEROTHERAPY PACKAGES

6 TREATMENTS: 1x Maderotherapy ritual and
5x Maderotherapy massage

HRK 3774 | EUR 500,90

9 TREATMENTS: 2x Maderotherapy ritual and
7x Maderotherapy massage

HRK 5788 | EUR 768,20

12 TREATMENTS: 3x Maderotherapy ritual and
9x Maderotherapy massage

HRK 7344 | EUR 974,72

THE ESCAPE JOURNEY SIGNATURE TREATMENTS

MASSAGE WITH PINDAS

Pinda massage is a thousand years old traditional method and has been used for medicinal and beauty treatments in Asia and Indonesia. Pindas are little bolls made of carefully selected lavender or immortelle herbs wrapped in fabric. They are heated to a certain temperature, allowing the essential oils to evaporate. The oils have a stimulating, relaxing, revitalizing or balancing effect, depending on the selection of plants.

Massage also has a draining effect, improves lymph flow, removes tension and relaxes the body. It also has a therapeutic effect due to the absorption of essential oils through the skin into the bloodstream.

60 mins | HRK 990 | EUR 131,40

RITUAL WITH PEELING & PINDA MASSAGE

In this magical ritual, the treatment is not over once the pindas have cooled down. Then the second part of the massage begins - the therapist additionally massages the body in order to completely remove dead cells with salt peeling.

90 mins | HRK 1190 | EUR 157,94

The Escape Journey Signature Treatments are followed by relaxation in our relaxation rooms with an incredible view of Kvarner Bay with the Lassi experience- an ancient drink mixed with yogurt, water and fruit. With ayurvedic medicinal properties, The Lassi calms the stomach and mind.



THE ESCAPE JOURNEY SIGNATURE MASSAGES

KVARNER TOUCH

Gift of sea, sun and wind - salt flower

Fragile salt flower crystals are the healthiest type of sea salt. Flower salt appears on the surface of the sea in a form of a thin layer of salt flakes resembling flower petals. The salt is harvested by hand, early in the morning and late at night.

A warm bath with sea salt relaxes tense muscles, removes toxins and enhances the excretion of excess water and cellulite from the body.

Massage of 50 min. with a combination of pure essential oils of organic origin and high-quality basic cold-pressed sesame oil, it regenerates, deeply nourishes and protects the skin, with a comprehensive effect on the mind, the body & the spirit.

Solo - 80 mins
HRK 1290 | EUR 171,21

Shoulder to shoulder - 90 mins
HRK 1990 | EUR 264,12

MINDFULNESS ESCAPE

FLOATING BED

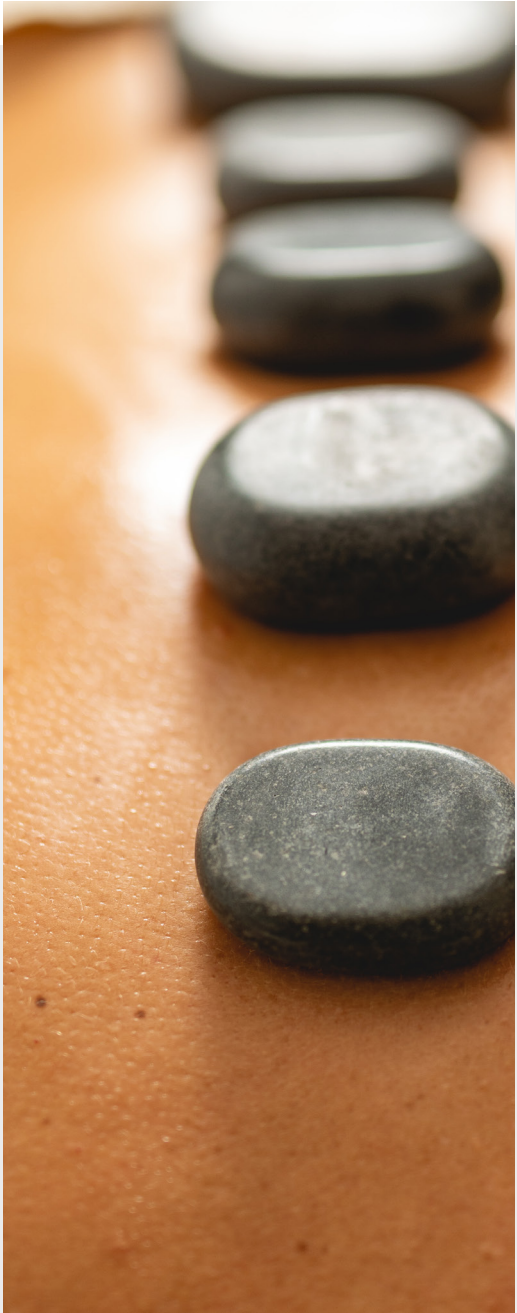
30 mins | HRK 250 | EUR 33,18

HYDRO MASSAGE BATH

30 mins | HRK 350 | EUR 46,45

FLOATING & HYDRO MASSAGE BATH

60 mins | HRK 500 | EUR 66,36



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US
CONTACT

MAKE AN APPOINTMENT TODAY

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